



LX GAMES 2025
GENERAL NOTES OF THE COMPETITION



Scorecards

All athletes will receive Scorecards before each WOD. The Scorecard must be handed to the assigned Judge immediately after the athlete enters the track. If they arrive at the track without their Scorecard, they will not receive a score.

Complaints

Complaints are processed through the WOD BUSTER ARENA APP / MY COMPETITIONS / ATHLETE ZONE / COMPLAINTS.

No other form of complaint will be accepted.

Athletes will have a **maximum of 30 minutes after the publication of the score for each WOD to file a complaint**, except for the final WOD, which will have only a 15 minutes window.

The complaint must include an attached video or link to the WOD, without editing or cuts. The WOD will be reviewed in its entirety, not just the portion corresponding to the complaint.

Unsubstantiated complaints will be subject to a penalty of 10 reps, kg, or seconds in the classification of the respective WOD.

Complaints deemed fraudulent or intended to affect or delay the correction process and the normal course of the event will restrict the possibility of submitting further complaints and will also be deducted 25 points from the overall classification as a penalty.

Penalties

10 seconds will be added to the total time (FOR TIME) or 3 repetitions will be deducted (AMRAP) for:

- Starting before the time;
- Consciously invading the side lanes, either by athletes or their equipment;
- Letting go of the DB or KB above the waistline.

A **NULL WOD** penalty will be assigned if the athlete uses equipment from a lane that has not been assigned to them. Penalties will be recorded directly by the judge on the Scorecard, in the corresponding place – the scoring will be done by the Scoring team. The athlete will be informed before signing.



Movement Execution

All repetitions are performed with athletes facing the audience, except for movements where the exercise or flow of the WOD does not allow it, in which case athletes are briefed in advance.

It is not permitted to drop WOD equipment behind your back after performing the movement, rendering that repetition invalid, unless the characteristics of the WOD require it (e.g., slam ball over the shoulder).

It is not permitted to perform the WOD barefoot, except in situations where this is required (e.g., swimming).

The use of reinforcement accessories on the hands (gloves, straps, or similar) is not permitted, except in gymnastic movements on the structure.

Disqualification of athletes/teams

In the event of verbal or physical aggression between athletes, or between athletes and members of the judging panel or staff, those involved will be immediately excluded from the event.



2025